

Activity 2
Compilation of Demonstrated Skills

REDISCOVERING MY SKILLS

*Understanding my Abilities and Limitations While Living
with a Disability*



Developed as part of the Skills for Success resources.

Canada 



Ontario 

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Learner's name : _____

REDISCOVERING MY SKILLS

COMPILATION OF DEMONSTRATED SKILLS

SKILLS FOR SUCCESS	OALCF TASK GROUP	L1	L2	L3	N/A
1. READING	A1. Read continuous text				
	A2. Interpret documents				
2. NUMERACY	C1. Manage money				
	C2. Manage time				
	C3. Use measures				
	C4. Manage data				
3. WRITING	B2. Write continuous text				
	B3. Complete and continuous documents				
4. DIGITAL SKILLS	D. Use digital technology				
5. PROBLEM SOLVING	N/A				
6. COMMUNICATION	B1. Interact others				
7. COLLABORATION	N/A				
8. ADAPTABILITY	N/A				
9. CREATIVITY AND INNOVATION	B4. Express one self creatively				
ACTIVITY 2:	To be completed by the learner				
My goal :					
I can achieve my goal using the following skills:		The skills I need to improve or learn to reach my goal are:			